

# LAUREN P. WADSWORTH, PHD, ABPP

drwadsworth@gviproc.org

## EDUCATION

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- 2014-2018     **Doctor of Philosophy, Clinical Psychology (APA-accredited program), GPA 4.0**  
University of Massachusetts Boston  
Advisor: Sarah Hayes-Skelton, Ph.D.  
Committee Members: Lizabeth Roemer, Ph.D. & Stefan Hofmann, Ph.D.  
Dissertation: *Perception of External Control as a Transdiagnostic Feature in Anxiety Disorders and the Investigation of a Brief Acceptance Intervention*  
Defense: October 2017
- 2012-2014     **Master of Arts, Clinical Psychology (APA-accredited program), GPA 4.0**  
University of Massachusetts Boston  
Advisor: Sarah Hayes-Skelton, Ph.D.  
Thesis: *Cognitive Processes and Moderators of Willingness in Individuals with and without Social Anxiety Disorder in Response to a Speech Performance Task*
- 2005-2009     **Bachelor of Arts, Psychology and Studio Art (majors), GPA 3.6**  
Smith College, Northampton, MA  
Thesis: *Photography as a means of emotional communication for elementary school students*

## BOOK

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Pinder-Amaker, S., & **Wadsworth, L. P.** (2021). *Did that Just Happen?! Beyond "diversity"—creating sustainable and inclusive organizations*. Beacon Press. ISBN: 978-080703588-7

- 2021   Nominated for the Financial Times McKinsey Business Book of the Year Award
- 2021   Nominated for and Featured by The Next Big Idea Club
- 2021   Invited keynote address at the American Booksellers Association Winter Institute

## HONORS AND AWARDS

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- 2022   Partners in Excellence Award, Anti-Racist Justice and Health Equity Task Force, McLean Hospital/Harvard Medical School
- 2021   Board Certification in Clinical Psychology, American Board of Professional Psychology (ABPP)
- 2021   ADAA Special Member Recognition Award, Anxiety and Depression Association of America
- 2020   Partners in Excellence Award, Leading Through Empowered Listening Tour, McLean Hospital/Harvard Medical School
- 2019   Partners in Excellence Award, Dimensions of Diversity/PRIDE ERG Resource Group, Partners Healthcare
- 2018   Scholarship, National Register of Health Service Psychologists
- 2017   Graduate Student Assembly Professional Development Grant, University of Massachusetts Boston
- 2015   Application submitted for Ruth L. Kirschstein National Research Service Award (NRSA) Predoctoral Fellowship (F31). Co-Sponsors: Sarah Hayes-Skelton, Ph.D., Stefan Hofmann, Ph.D. Consultants: Lizabeth Roemer, Ph.D., Scott Orr, Ph.D., Peter Norton, Ph.D., & Thröstur Björgvinsson, Ph.D., ABPP
- 2015   Graduate Student Assembly Professional Development Grant, University of Massachusetts Boston
- 2014   Graduate Student Assembly Professional Development Grant, University of Massachusetts Boston
- 2014   Clinical Psychology Master's Thesis Support Grant, University of Massachusetts Boston
- 2014   Dr. Robert W. Spayne Research Grant for Master's Thesis, University of Massachusetts Boston

- 2013 Graduate Student Assembly Professional Development Grant, University of Massachusetts Boston  
2012 Graduate Student Assembly Professional Development Grant, University of Massachusetts Boston  
2005-09 Smith College Dean's List, Member for every college semester  
2008 *Psi Chi*, Smith College  
2008 Entrepreneur Grant & Banquet Award, Harold Grinspoon Foundation

## PUBLICATIONS

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- Wadsworth, L.P.**, Wessman, I., Bjornsson, A. S., Jonsdottir, G., & Kristinsson, S. Y. (*in press*). The half-painted picture: Existing evidence and needs for understanding the mental health impacts of cancer screening. *Medicine*.
- Pinciotti, C. M., **Wadsworth, L. P.**, Miron, L. R., Riemann, B. C., & Leonard, R. C. (*in press*). Transgender and gender diverse patients in intensive mood disorder treatment: A comparative examination of clinical presentation and treatment outcomes. *Behavior Therapy*.
- Nelson, J., Kelly, J.M., **Wadsworth, L.P.**, & Maloney, E (2022). Co-occurring OCD and panic disorder: a review of their etiology and treatment. *Journal of Cognitive Psychotherapy*, 36 (4), 1-28.
- Wadsworth, L. P.**, Van Kirk, N., August, M., Kelly J. M., Jackson, F., Nelson, J., & Luehrs, R. (2021). Understanding the overlap between OCD and trauma: Development of the OCD Trauma Timeline Interview (OTTI) for clinical settings. *Current Psychology*, 1-11. DOI: 10.1007/s12144-021-02118-3
- Wadsworth, L. P.**, Burgess, A., DiBartolo, P. (2021). Examining psychometrics of the frost multidimensional perfectionism scale in children ages 8-12 years using child and parent report. *Child Psychiatry and Human Development*, 1-10. DOI: 10.1007/s10578-021-01167-w
- Wadsworth, L. P.**, Potluri, R., Schreck, M., & Hernandez-Vallant, A. (2020). Measurement and Impacts of Intersectionality on OCD Symptoms Across Intensive Treatment. *Journal of Orthopsychiatry*; 90 (4), 445-457. DOI: 10.1037/ort0000447
- Wadsworth, L. P.**, Wessman, I., Beard, C., & Björgvinsson, T. (2019). Levels of perceived control and treatment response in a brief partial hospital setting. *Neurology, Psychiatry and Brain Research*, 34, 1-8. DOI: 10.1016/j.npbr.2019.08.001
- Puckett, J. A., Maroney, M. R., **Wadsworth, L. P.**, Mustanski, M., & Newcomb, M. E. (2019). Coping with discrimination: The insidious effects of gender minority stigma on the mental health of transgender individuals. *Journal of Clinical Psychology*, 1-19. DOI: 10.1002/jclp.22865
- Wadsworth, L.P.** & Hayes-Skelton, S. A. (2020). Exploring perceived control, a low-control task, and a brief acceptance intervention in a low and high transdiagnostic anxiety sample. *Neurology, Psychiatry and Brain Research*, 35, 1-9. <https://doi.org/10.1016/j.npbr.2019.11.001>
- Wadsworth, L. P.**, Forgeard, M., Hsu, K., Kertz, S., Treadway, M., & Björgvinsson, T. (2018). Changes in self-compassion and repetitive negative thinking predict symptom improvement in a severe clinical population. *Cognitive Therapy and Research*, 42(3), 236-249. 10.1007/s10608-017-9887-0
- Beard, C., Kirakosian, N., **Wadsworth, L. P.**, Winer, J., Silverman, A. & Björgvinsson, T. (2017). LGBTQ+ treatment outcome disparities in a partial hospital setting. *Journal of Consulting and Clinical Psychology*, 85 (12), 1171-1181.

Lee, C., **Wadsworth, L. P.**, & Hayes-Skelton, S. A. (2017). Patterns of anxious arousal during a speech task between non-anxious controls and individuals with social anxiety pre- and post-treatment. *Behavior Therapy, 48* (6), 765-777.

Hayes-Skelton, S. A., Lee, C. S., & **Wadsworth, L. P.** (2017). *Anxiety disorders: Psychological factors*. In the SAGE Encyclopedia of Abnormal and Clinical Psychology, 236-238.

Perry-Jenkins, M., Smith, J. S. & **Wadsworth, L. P.** (2016). Workplace policies for low-income new parents: A little can mean a lot. *Community, Work and Family, 20* (2), 226-249.  
10.1080/13668803.2016.1252721

**Wadsworth, L. P.** & Hayes-Skelton, S. A. (2015). Differences among lesbian, gay, bisexual, and heterosexual individuals and those who reported an other identity on an open-ended response on levels of social anxiety. *Psychology of Sexual Orientation and Gender Diversity, 2*(2), 181-187.  
10.1037/sgd0000092

Hayes-Skelton, S. A. & **Wadsworth, L. P.** (2015). Mindfulness-based treatments for anxiety disorders. In K. W. Brown, J. D. Creswell, & R. M. Ryan (Eds.), *Handbook of mindfulness: Theory and research* (pp. 367-386). New York: Guildford Press.

Paulus, D. J., **Wadsworth, L. P.** & Hayes-Skelton, S. A. (2015). Mental health literacy for anxiety disorders: How perceptions of symptom severity might relate to recognition of psychological distress. *Journal of Public Mental Health, 14*(2), 94-106.

Feinstein, B. A., **Wadsworth, L. P.**, Davila, J., & Goldfried, M. R. (2014). Do parental acceptance and family support moderate associations between dimensions of minority stress and depressive symptoms among lesbians and gay men? *Professional Psychology: Research and Practice, 45*, 239-246.

Donovan, N. J., **Wadsworth, L. P.**, Lorus, N., Locascio, J. J., Rentz, D. M., Johnson, K. A., Sperling, R. A., Marshall, G. A. & the Alzheimer's Disease Neuroimaging Initiative. (2014). Regional cortical thinning predicts worsening apathy and hallucinations across the Alzheimer's disease spectrum. *The American Journal of Geriatric Psychiatry, 22*(11), 1168-1179.

**Wadsworth, L. P.**, Lorus, N., Donovan, N. J., Locascio, J. J., Rentz, D. M., Johnson, K.A., Sperling, R. A., Marshall, G. A. & the Alzheimer's Disease Neuroimaging Initiative. (2012). Neuropsychiatric symptoms and global functional impairment along the Alzheimer's continuum. *Dementia and Geriatric Cognitive Disorders, 34*(2), 96-111.

Amariglio, R. E., Becker J. A., Carmasin, J., **Wadsworth, L. P.**, Lorus, N., Sullivan, C., Maye, J., Gidicsin, C., Pepin, L. C., Sperling, R.A., Johnson, K.A., & Rentz, D. M. (2012). Subjective cognitive complaints and amyloid burden in cognitively normal older individuals. *Neuropsychologia, 50*(12), 2880-2886.

Amariglio, R. E., Frishe, K., Olson, L. E., **Wadsworth, L. P.**, Lorus, N., Sperling, R. A. & Rentz, D. M. (2012). Validation of the face name associative memory exam in older individuals. *Journal of Clinical and Experimental Neuropsychology, 34*(6), 580-587.

#### ***Non-peer reviewed publications***

Hom, M. A., Jackson, F., Bowers, E. M., Pinder-Amaker, S. L., **Wadsworth, L. P.**, Björgvinsson, T., &

Beard, C. (2022). Development, implementation, and clinical utility of the Identities in Treatment Scale (ITS): A self-report assessment of patients' demographic characteristics and sociocultural identities. *The Behavior Therapist, 45*(3), 81-95.

Winter, J. P., **Wadsworth, L. P.**, Forgeard, M., Pinder-Amaker, S., Björgvinsson, T., & Beard, C. (2018). Development and implementation of a single-session diversity and multicultural psychology group intervention within an academic psychiatric hospital. *The Behavior Therapist, 41*(7), 327-334.

Puckett, J. A., Barr, S., **Wadsworth, L. P.**, Thai, J. (2018). Considerations for clinical work and research with transgender and gender diverse individuals. *The Behavior Therapist, 41*(5), 253-262.

**Wadsworth, L. P.**, Morgan, L. P. K., Hayes-Skelton, S. A., Roemer, L. & Suyemoto, K. L. (2016). Part 1: Ways to boost your research rigor through increasing your cultural competence. *The Behavior Therapist, 39*(3), 76-81.

**Wadsworth, L. P.**, Morgan, L. P. K., Hayes-Skelton, S. A., Roemer, L. & Suyemoto, K. L. (2016). Part 2: Ways to boost your research rigor through increasing your cultural competence. *The Behavior Therapist, 39*(3), 90-92.

***Manuscripts under review***

Björnsson, A. S., Wessman, I., Alexandri, M. **Wadsworth, L. P.**, Jou, J., Thorgeirsdottir, M., Williston, S., Danitz, S. B., Jarvi, S. Beard, C. Hofmann, S., & Bjorgvinsson, T. Reactions to intrusive images across psychiatric disorders.

**CLINICAL**

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2022-Present ***Founder***  
 Meridian Psychology Practice, PLLC Geneseo, NY; [www.meridianpractice.org](http://www.meridianpractice.org)

- Founder of private group psychology practice located in Geneseo and Rochester NY.
- Telehealth and in-person therapy services provided by licensed professionals.

2019-Present ***Founder & Director***  
 Genesee Valley Psychology, Rochester, NY; [www.gviproc.org](http://www.gviproc.org)

- Founder and Director of Genesee Valley Psychology, a treatment clinic offering evidence-based group and individual treatments for anxiety and related disorders.
- Develop and manage patient outcome data collection and research. Establish research collaborations with external clinicians, researchers, and institutions.
- Provide trainings and supervision to clinicians and trainees on the treatment of severe anxiety and OCD, and clinical considerations for patients holding one or more marginalized identities.
- Oversee the development and maintenance of Trauma and Comprehensive DBT programs.

2019-Present ***Clinical Senior Instructor in Psychiatry***  
 School of Medicine & Dentistry, University of Rochester Medical Center

- Clinical supervisor of psychology interns, offering weekly supervision
- Instructor offering didactic seminars on Anxiety Disorders

2020-Present ***Diversity, Equity and Inclusion Senior Advisor***

McLean Hospital/Harvard Medical School, Belmont, Massachusetts

- Develop and implement “Leading Through Empowered Listening” training series: *Listening Strategies That Empower Narratives (LSTEN)*
- Assess and respond to identity related issues throughout the McLean Hospital system

2018-Present ***Co-Founder & Director***

Twin Star Diversity Trainers, Boston, MA; www.twinstardiversity.com

- Co-founder (with Stephanie Pinder-Amaker, PhD) and director of an intersectionality driven diversity training company providing evidence-driven diversity and cultural competency/humility trainings to business and educational settings.

2018-2019 ***Postdoctoral Fellow***

OCD Institute and College Mental Health Program, McLean Hospital/Harvard Medical School, Belmont, Massachusetts

Supervisors: Jason Krompinger, Ph.D.; Stephanie Pinder-Amaker, Ph.D.; Carol Hevia, PsyD

- OCD institute: Behavior Therapist providing individual and group therapy at a residential treatment setting serving severe Obsessive-Compulsive Disorder and co-occurring disorders (e.g., depression, social anxiety, and personality disorders).
- College Mental Health Program: Executive functioning coach and assessor for college students considering/on a mental health of absence. Consultant to local universities on the interaction between socio-cultural identities and mental health.
- Member of McLean’s Multicultural Psychology Consultation Team
- Education Chair of Pride at McLean Employee Resource Group

2018-2019 ***Behavior Therapist***

Cognitive Behavioral Therapy Team, Arlington, MA

Director: Jason Elias, PhD

- Therapist for adults and children with severe anxiety disorders, and or identity-related stress (e.g. experiences of marginalization, gender identity, sexual orientation)

2017-2018 ***Psychology Intern***

McLean Hospital/Harvard Medical School, Belmont, Massachusetts

Supervisors: Thröstur Björgvinsson Ph.D., ABPP; Jeff Szymanski, Ph.D.; Mary Ellen Crowley, Ph.D.; Stephanie Pinder-Amaker, Ph.D.; Nathaniel Van Kirk, Ph.D.

- Rotations and Populations: Behavioral Health Partial Program (BHP), providing group and individual therapy and assessment for adults presenting with a range of anxiety, mood, thought, and personality disorders; BHP case management, providing post-partial treatment coordination; Obsessive Compulsive Disorders Institute (OCDI), implementing exposure-therapy for OCD and related disorders; OnTrack clinic, providing weekly outpatient treatment for adult diagnosed with psychosis.
- Member of McLean’s Dimensions of Diversity Committee and the Multicultural Psychology Consultation Team
- Education Chair of Pride at McLean Employee Resource Group

2016-2017 ***Therapist, Acceptance-Based Behavioral Exposure Therapy***

AMPT Lab, University of Massachusetts Boston

Supervisor: Sarah Hayes-Skelton, Ph.D., Licensed Psychologist

- Setting: Randomized controlled trial comparing Acceptance-Based Behavioral Exposure Therapy (ABBET) and cognitive behavioral group therapy (CBT) for social anxiety disorder (SAD)
- Client population: Individuals ages 18-65 with a primary diagnosis of SAD

- Duties: Provide 12-week protocol ABBET and CBT

2015-2017

***Outreach Program Development and Coach***

University Resources for Behavioral and Educational Skills Training

University of Massachusetts Boston

Supervisor: Susy Gallor, Ph.D., Licensed Psychologist

- Setting: Boston Clinical Psychology department program designed to provide needed CBT coaching and workshops across campus for underserved population
- Client population: Undergraduate and graduate students at the University of Massachusetts experiencing academically interfering anxiety, depression, Autism Spectrum Disorders (ASD), and learning disabilities
- Duties: Provide CBT informed one-on-one coaching as well as classroom and departmental workshops across campus
- Provide, score, and interpret psychoeducational assessment services to individuals with and without learning disabilities. Provide feedback sessions and connect individuals to resources aimed at increasing functioning and abilities.
- Develop and facilitate outreach and prevention programming between departments
- Supervise graduate students on coaching and workshop protocol as well as undergraduates working as mentors to other students on mentor-mentee relationships

2014-2015

***Practicum Trainee***

Behavioral Health Partial Hospital Program

McLean Hospital/Harvard Medical School, Belmont, MA

Supervisors: Thröstur Björgvinsson, Ph.D., ABPP, Licensed Psychologist; Chad

McWhinnie, Ph.D., Licensed Psychologist

- Setting: Short term, acute partial hospital
- Client population: Wide variety of presenting difficulties including, but not limited to, borderline personality disorder (BPD), major depressive disorder (MDD), generalized anxiety disorder (GAD), bipolar disorder, alcohol and substance use, persistent depressive disorder (PDD), suicidality, non-suicidal self-injury (NSSI), body dysmorphic disorder (BDD), panic disorder, post-traumatic stress disorder (PTSD), obsessive compulsive disorder (OCD), narcissistic personality disorder, social anxiety disorder (SAD), and psychosis
- Duties: Conduct diagnostic intake assessments, treatment planning, and provide long-term service suggestions to case managers
- Provide (via individual and group therapy) a variety of evidence-based clinical interventions including Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Acceptance and Commitment Therapy (ACT), Acceptance-Based Behavioral Therapy (ABBT)
- Co-lead exposure response prevention (ERPs) at Obsessive Compulsive Disorder Institute (OCDI) at McLean Hospital

2014-2015

***Therapist, Cognitive Behavioral Group Therapy for Social Anxiety Disorder***

AMPT Lab, University of Massachusetts Boston

Supervisor: Sarah Hayes-Skelton, Ph.D., Licensed Psychologist

- Setting: NIMH funded treatment study investigating cognitive behavioral group therapy (CBGT) for social anxiety disorder (SAD)
- Client population: Individuals ages 18-65 with a primary diagnosis of SAD
- Duties: Co-lead 12-week protocol CGBT

2013-2014

***Practicum Trainee, University Counseling Center***

University of Massachusetts Boston

Supervisor: Lizabeth Roemer, Ph.D., Licensed Psychologist; Deborah Cohen, M.S.W., Licensed Independent Clinical Social Worker

- Setting: University of Massachusetts Boston Counseling Center
- Client population: Demographically diverse students presenting with a variety of psychological difficulties including major depressive disorder (MDD), generalized anxiety disorder (GAD), bipolar disorder, adjustment disorder, alcohol and substance use, suicidal ideation, body dysmorphic disorder (BDD), panic disorder, post-traumatic stress disorder (PTSD), obsessive compulsive disorder (OCD), and social anxiety disorder (SAD)
- Duties: Conduct diagnostic assessment, individual psychotherapy, and treatment planning

2012-2015

***Independent Assessor***

AMPT Lab, University of Massachusetts Boston

Supervisor: Sarah Hayes-Skelton, Ph.D., Licensed Psychologist

- Setting: NIMH funded treatment study investigating cognitive behavioral group therapy (CBGT) for social anxiety disorder (SAD)
- Client population: Individuals ages 18-65 with a primary diagnosis of SAD
- Duties: Administer blinded Anxiety Disorders Interview Schedule for DSM-IV (ADIS-IV) with clients pre- and post- treatment
- Attend and present at weekly supervision and consensus meetings

2010-2013

***Compulsive Hoarding Program Coordinator***

Community Health Consulting, University of Massachusetts Amherst

- Setting: Compulsive hoarding treatment program developed in collaboration between University of Massachusetts Amherst and Smith College
- Client population: Adults suffering with compulsive hoarding (frequently with comorbid disorders such as obsessive compulsive disorder, depression, and anxiety)
- Duties: Co-develop compulsive hoarding treatment program based on empirically supported cognitive behavioral therapy (CBT) techniques with Drs. Christopher Overtree and Randy Frost.
- Coordinate the program and train case managers to work in homes of local compulsive hoarding cases
- Write grants and contracts with local housing companies and clinicians
- Present program at compulsive hoarding treatment conferences and housing associations
- Perform in-home initial intake evaluations and administer client assessment measures
- Provide in-home CBT informed decluttering with clients (one-on-one de-cluttering assistance, focused on decreasing anxiety related to discarding items in the client's home)

2009-2010

***Educational Consultant***

Main Street Academix, Henniker, NH

- Setting: Mental health, educational and research consulting company specializing in program evaluation, advertisement, fidelity of implementation evaluation and collaborative action research in the areas of school academic improvement, bullying, harassment and safe-schools initiatives
- Client population: High school students and administration
- Duties: qualitative research administration and management, data entry, and quality assurance

- 2008-2010 ***Undergraduate Assistant, Therapeutic Child Caregiver***  
Northampton, MA
- Setting/population: In-home care for seven-year-old boy with Asperger's Syndrome
  - Duties: Implemented the behavioral techniques with parents and other caregivers to increase social and everyday functioning aimed at gain confidence with artistic expression and socializing
- 2008 ***Undergraduate Intern, Art Therapy for Teens***  
Whittier Street Health Center, Roxbury, MA
- Setting: Community based therapeutic summer program
  - Population: Low-income, minority teen females who had experienced violence
  - Duties: Program preparation and assistance to art therapists
  - Design and conduct a two-week self-esteem building photography workshop

## **ASSESSMENT TRAINING**

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Anxiety Disorders Interview Schedule for DSM-IV (ADIS-IV)  
Mini International Neuropsychiatric Interview (MINI)  
Structured Clinical Interview for DSM-IV (SCID)  
Wide Range Achievement Test (WRAT)  
Wechsler Adult Intelligence Scale (WAIS)  
NEO Personality Inventory (NEO-PI)  
Neuropsychological Test Battery: (426 administration hours) Buschke Selective Reminding Test (SRT), Memory Capacity Test (MCT), Face-Name Associative Memory Exam (FNAME), Mini Mental State Examination (MMSE), Digit Span, Trails, Coding, Digit Symbol, Letter-Number Sequencing, Logical Memory (LM), Word Fluency Test (FAS/Categories), Free and Cued Selective Reminding Test (FCSRT), Visual Form Discrimination Test (VFDT), Boston Naming Test (BNT)

## **RESEARCH**

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- 2017-Present ***Clinical Research Fellow***  
Office of Clinical Assessment Research (OCAR), Obsessive Compulsive Disorder Institute (OCDI)  
McLean Hospital/Harvard Medical School, Belmont, MA  
PI: Jason Kropf, Ph.D.
- Serve as a data collection consultant on the development of more accurate, inclusive, and affirming demographic forms
  - Collaborate on research studies aimed at increasing understanding of health disparities, barriers to care, and treatment outcomes in OCD intensive residential treatment in individuals with and without historically marginalized identities
- 2012-2017 ***Research Assistant***  
AMPT Lab, University of Massachusetts Boston  
PI: Sarah Hayes-Skelton, Ph.D.
- Serve as Principal Investigator (PI) on a study investigating a non-anxious control population with Behavioral Avoidance Tasks, questionnaires and dot probe as part of a Cognitive Behavioral Group Therapy for Social Anxiety study
  - Collaborate on data analysis, presentations, and publications within lab, including studies on Behavioral Avoidance Tasks, dot-probe, eye-tracking, decentering and mindfulness



- Reliability assessor for ADIS-IV, and adherence rater for NIMH funded study on cognitive behavioral group therapy (CGBT) for social anxiety disorder (SAD)

2014-2015

***Research Interviewer***

Behavioral Health Partial Hospital Program (BHP)

McLean Hospital/Harvard Medical School, Belmont, MA

PIs: Thröstur Björgvinsson, Ph.D, ABPP and Andri Bjornsson, Ph.D.

- Recruit and perform structured interviews with patients at the BHP regarding traumatic social imagery and related obsessions and compulsions
- Participate in weekly research meetings, lead and assist a variety of research studies performed at BHP

2010-2012

***Research Coordinator***

Massachusetts General Hospital/Harvard Medical School, Boston, MA

PI: Reisa A. Sperling, M.D.

- Serve as primary research coordinator for National Institute on Aging (NIA) Program
- Project Grant: The Harvard Aging Brain Study that investigates the relationship between biomarkers and cognitive decline
- Administer neuropsychological tests to normal and cognitively impaired older subjects (performed over 200)
- Train new research assistants in cognitive test administration and scoring
- Assist researchers with statistical analyses and manuscript preparation
- Manage community recruitment, phone screening and subject enrollment tracking
- Assist PI with institutional review board (IRB) documentation, amendments and continuing reviews

2009-2010

***Research Associate***

Psychological Services Center, University of Massachusetts Amherst

PIs: Christopher Overtree, Ph.D. and Michael Constantino, Ph.D.

- Investigate the psychotherapy process and outcome within the graduate training clinic
- Focus on the implications of therapy and data collection integration in a psychotherapy clinic
- Manage data collection and assist with manuscript preparation

2009-2010

***Research Assistant***

University of Massachusetts Amherst

PI: Maureen Perry-Jenkins, Ph.D.,

- Serve as research assistant on longitudinal research study exploring socio-cultural factors and how they shape the mental health and family relationships of parents and children
- Enter data and manage quality assurance
- Perform independent research study focused on the role of paid versus unpaid time-off after childbirth for mothers and fathers impacts anxiety and depression (paper in press)

2009

***Research Assistant***

Mt. Hope Family Center, University of Rochester

PI: Dr. Fred Rogosch, Ph.D., Comprehensive study on the effects of child abuse including genetics, family environment, hormonal regulation, personality traits and brain activity

- Responsible for recruitment and interviewing of low-income families
- Administer diagnostic interviews including DIS-IV, MICM and 10 other measures

- 2008-2009     **Senior Thesis**  
Smith College, Northampton, MA
- Design and conduct IRB approved research study on the ability of 30 1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup> graders to conceptualize photography as a form of communication with the assistance of Peter Pufall, Ph.D.
  - Teach photography courses and lead discussions between the students
  - Code videotaped sessions for photographic techniques and expression of emotion as inspiration for taking deliberate photographs and analyzed
- 2008           **Research Assistant**  
Brigham and Women’s Hospital, Harvard Medical School, Boston, MA  
PI: Rosalind Wright, Ph.D.,
- Serve as a research assistant on longitudinal study investigating the relationship between low socioeconomic status (SES), violence and measures of health
  - Responsible for recruitment and data collection of low-income, minority pre and post-natal mothers and their children
  - Conduct measures of family interactions and self-worth with subjects

### ORAL PRESENTATIONS

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- Abramowitz, J., Pinciotti, C., Van Kirk, N., & **Wadsworth, L.** (2022, November). *Understanding and Treating Co-occurring OCD and PTSD*. To be presented at the 2<sup>nd</sup> Annual International OCD Foundation Online Conference.
- Davey, D., Fraire, M., Mariaskin, A., McIngvale, E., Moritz, K., & **Wadsworth, L.** (2022, November). *Leading by values: An insider’s perspective to OCD clinic leadership driven by passion and service*. Presented at the 2<sup>nd</sup> Annual International OCD Foundation Online Conference.
- Reid, A., Coyne, L., Jacob, M., & **Wadsworth, L.** (2022, July). *Where Now? Clinic Directors Discuss Navigating Common Treatment Barriers and Future Research Needs*. Presented at the 27<sup>th</sup> annual International OCD Foundation Conference.
- Narine, K., **Wadsworth, L.**, Bezahler, A., Trondsen, C. (2022, April). *Culturally Responsive and Sensitive Approaches for Treating OCD in LGBTQ+ Populations*. Presented at the 6<sup>th</sup> annual OCD SoCal Conference.
- Trondsen, C., McInvale, L., **Wadsworth, L.** (2022, March). *ERP & Justice Based Treatment*. Presented at the International OCD Foundation’s Lunch and Learn Series.
- Schreck, M., **Wadsworth, L.**, Winer, J., Cawley, T. & Booth, D. (2021, November). *Piloting the ‘ADDRESSING Identities’ Group Within an Intensive Residential Treatment Program for Adults with Severe OCD*. In Willis, H. A. & Buchholz, J. L. (Chairs), Sociocultural considerations for assessment and treatment of OCD among diverse groups. Presented at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies. New Orleans, LA.
- Pinder-Amaker, S., Nevins, C., & **Wadsworth, L. P.** (April, 2020). *Giving WISE Support: Introducing a Framework to Support Student Identity and Wellness*. Workshop presented at the 12<sup>th</sup> annual meeting of the National Partnership for Educational Access, Boston, MA.
- Atlas, S., Winer, J., **Wadsworth, L. P.**, Forgeard, M., & Björgvinsson, T. (November, 2019). *Concealment of Stigmatized Identities in an Acute Psychiatric Population*. In C. Beard (Chair), *Identity Concealment: Reasons, consequences, and associations with mental and physical health*.

Symposium presented at the 53<sup>rd</sup> annual meeting of the Association of Behavioral and Cognitive Therapies, Atlanta, GA.

**Wadsworth, L. P.**, Sawyer, B., Carter, S., Corey, M., & Foster, K. (March, 2019). Coping with Discrimination: The Insidious Effects of Transphobia on the Mental Health of Gender Diverse Individuals. In **L. Wadsworth** & B. Sawyer (Chairs), *Discrimination: Effects, Coping Strategies, and Treatment Implications in multiple Marginalized Populations*. Symposium presented at the 39<sup>th</sup> annual meeting of the Anxiety and Depression Association of America, Chicago, IL.

Du Bois, S., Montoya, H., Motley, D., Pantalone, D., **Wadsworth, L. P.**, & Ziffra, M. (March, 2019). Treating Anxiety and Depression in Sexual and Gender Minority Clients. In S. Hayes-Skelton & R. Parigoris (Chairs), Panel presented at the 39<sup>th</sup> annual meeting of the Anxiety and Depression Association of America, Chicago, IL.

Chapman, K., Ford-Paz, R., Pantalone, D., Carter, S., & **Wadsworth, L. P.** (March, 2019). Creating Change in Systems of Care and Professional Settings to Address Systemic Inequities. In K. Lewis & E. Eustice (Chairs), Panel presented at the 39<sup>th</sup> annual meeting of the Anxiety and Depression Association of America, Chicago, IL.

**Wadsworth, L. P.**, Potluri, S., Hernandez-Vallant, A., & Schreck, M. (July, 2018). Designing affirming research methods and questionnaires. In L. Wadsworth (Chair), *Marginalized Identities in OCRDs*. Symposium presented at the 25<sup>th</sup> annual meeting of the International OCD Foundation, Washington, DC.

**Wadsworth, L. P.**, Graham, J., Martinez, K., & Heymann, H. (April, 2018). Treating Anxiety in Sexual and Gender Minority Women. In A. Neal-Barnett (Chair), *Women's SIG Inaugural Symposium*. Symposium presented at the 38<sup>th</sup> annual meeting of the Anxiety and Depression Association of America, Washington, DC.

**Wadsworth, L. P.**, Montoya, H., Puckett, J., & Barr, S. (April, 2018). Enhancing the cultural sensitivity of psychosocial interventions for anxiety and depression when working with LGBTQ+ clients. In S. Hayes-Skelton (Chair), Roundtable presented at the 38<sup>th</sup> annual meeting of the Anxiety and Depression Association of America, Washington, DC.

**Wadsworth, L. P.** & Hayes-Skelton, S. (2017, November). The importance and development of inclusive demographic forms for LGBTQ+ communities. In C. Beard (Chair), *Applying CBT in diverse contexts: LGBTQ+ treatment outcomes*. Symposium presented at the 51<sup>st</sup> annual meeting of the Association of Behavioral and Cognitive Therapies, San Diego, CA.

Arbid, N., O'Donovan, K., Oosting, D., & **Wadsworth, L. P.** (2017, January). The pearls & perils of a diversity committee: a dissemination dialogue. In K. Suyemoto (Chair). Roundtable presented at the 10<sup>th</sup> biennial National Multicultural Conference and Summit, Portland, OR.

**Wadsworth, L. P.**, & Hayes-Skelton, S. A. (2016, November). Norms and indications of decentering as a key cognitive process in social anxiety disorder. In S. A. Hayes-Skelton (Chair), *Promoting decentering as a key mechanism of change*. Symposium presented at the 50<sup>th</sup> annual meeting of the Association of Behavioral and Cognitive Therapies, New York, NY.

Lee, C., **Wadsworth, L. P.**, & Hayes-Skelton, S. A. (2016, August). Patterns of anxious arousal during a speech task between non-anxious controls and individuals with social anxiety pre and post treatment. Oral presentation at the 124<sup>th</sup> annual meeting of the American Psychological Association, Denver, CO.

- Wadsworth, L. P.,** Hofmann, S., Lee, C., Cheng, J., MacKenzie, M. (2016, April). Investigating perceived external control in individuals with social anxiety disorder (pre and post CBGT) and non-anxious controls. D. Hope (Discussant). In **L. P. Wadsworth** & S. A. Hayes-Skelton (chairs), *Expanding the model of social anxiety disorder: Investigations of cognitive processes across social anxiety disorder*. Symposium presented at the 36<sup>th</sup> annual meeting of the Anxiety and Depression Association of America, Philadelphia, PA.
- Wadsworth, L. P.,** Hayes-Skelton, S. A. (2015, April). Changes in anxious arousal during a speech task between non-anxious controls and individuals with social anxiety pre and post treatment. R. Heimberg (Discussant). In **L. P. Wadsworth** & S. A. Hayes-Skelton (chairs), *Adaptive and maladaptive cognitive processes in anxiety disorders: Implications for CBT*. Symposium presented at the annual meeting of the Anxiety and Depression Association of America, Miami, FL.
- Wadsworth, L. P.** (2015, February). Cognitive processes and moderators of willingness in individuals with social anxiety disorder and non-anxious controls in response to a social performance task. Oral presentation at the annual student colloquium at the University of Massachusetts Boston, Massachusetts.
- Wadsworth, L. P. &** Frost, R. (2014, April). Ask the experts panel: Using a team approach to address hoarding in affordable housing. In E. Chase (chair). Panel presented at the Massachusetts Housing Hoarding Conference, Marlborough, MA.
- Williams, M., Chapman, L. K., Morgan, L., Camacho, A. & Neal-Barnett, A. (2014, March). Strategies for increasing cultural competency in research on anxiety and depressive disorders. In **L. P. Wadsworth** & S. A. Hayes-Skelton (Co-Chairs). Roundtable presented at the annual meeting of the Anxiety and Depression Association of America, Chicago, IL.
- Wadsworth, L. P.** (2012, January). Overviews of case management treatment program for compulsive hoarding. (45-minute talk, 20 minutes of questions for audience of 250). In **L. P. Wadsworth** (Invited Speaker). Oral presentation at the Hoarding: Motivation for Change Conference, Greenfield, MA.
- Wadsworth, L. P.,** Overtree, C. E. & Frost, R. (2012, January). Clinicians guide to getting started: Working with compulsive hoarders. In R. Frost (chair). Panel presented at the Hoarding: Motivation for Change Conference, Greenfield, MA.
- Maye, J. E., Gidicsin, C. M., Pepin, L. C., Becker, J. A., Blacker, D., Rentz, D. M., Locascio, J., Marshall, G. A., Amariglio, R. E., Lorusso, N., **Wadsworth, L. P.,** Sperling, R. A. & Johnson, K. A. (2012, January). Maternal dementia age of onset in relation to amyloid burden in non-demented offspring. Oral presentation at the 6<sup>th</sup> Human Amyloid Imaging Conference, Miami, FL.
- Wadsworth, L. P.,** England, R., Frishe, K., Olson, L., Johnson, K. A., Sperling, R.A. & Rentz, D.M. (2011, July). Paired associative learning is related to amyloid deposition in normal older individuals. Oral presentation at the 14<sup>th</sup> Alzheimer's Association International Conference on Alzheimer's Disease, Paris, France.
- Wadsworth, L. P. &** Pufall, P. (2009, April). Ability of 1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup> graders to express emotion through photography. Oral presentation at Smith College Collaborations of Student Research, Northampton, MA.

## POSTER PRESENTATIONS

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Marando-Blanck, S., Balvaneda, B., **Wadsworth, L. P.**, & Hayes-Skelton, S. (2018). Do decentering subscales measure different aspects of the same construct? Poster presented at the 38<sup>th</sup> annual meeting of the Anxiety and Depression Association of America, Washington, DC.

Hernandez-Vallant, A., Potluri, S., **Wadsworth, L. P.**, Schreck, M., Krompinger, J., Van Kirk, N., Brennan, B., Garner, L., Tiff, E., Crosby, J., Elias, J. (2018, April). Marginalized identities in intensive/residential treatment (IRT) for obsessive-compulsive disorder (OCD). Poster presented at the 38<sup>th</sup> annual meeting of the Anxiety and Depression Association of America, Washington, DC.

**Wadsworth, L. P.**, & Hayes-Skelton, S. (2017, April). Perceived control of self and others as transdiagnostic features of anxiety. Poster presented at the 37<sup>th</sup> annual meeting of the Anxiety and Depression Association of America, San Francisco, CA.

Balvaneda, B., **Wadsworth, L. P.**, & Hayes-Skelton, S. (2017, April). Social anxiety and interpersonal problems: the role of self-compassion. Poster presented at the 37<sup>th</sup> annual meeting of the Anxiety and Depression Association of America, San Francisco, CA.

**Wadsworth, L. P.**, Hsu, K., Treadway, M., Kertz, S. & Björgvinsson, T. (2015, April). Changes in self-compassion and repetitive negative thinking predict symptom improvement in a severe clinical population. Poster presented at the 35<sup>th</sup> annual meeting of the Anxiety and Depression Association of America, Miami, FL.

Alexandri, M., Bjornsson, A., Wessman, I., **Wadsworth, L.**, Jou, J., Beard, C., Thorgeirsdottir, M., Williston, S. K., Jarvi, S., Danitz, S., Lee, J., Sigurjónsdóttir, O., & Björgvinsson, T. (2015, April). Reactions to intrusive images among patients in a partial hospital program. Poster presented at the 35<sup>th</sup> annual meeting of the Anxiety and Depression Association of America, Miami, FL.

Bjornsson, A., Wessman, I., Alexandri, M., **Wadsworth, L.**, Jou, J., Beard, C., Thorgeirsdottir, M., Jarvi, S., Danitz, S., Williston, S. K., Lee, J., Þórisdóttir, A., & Björgvinsson, T. (2015, April). Social trauma among patients in a partial hospital program. Poster presented at the 35<sup>th</sup> annual meeting of the Anxiety and Depression Association of America, Miami, FL.

Lee, C. S., **Wadsworth, L. P.**, & Hayes-Skelton, S. A. (2015, April). Patterns of anxious arousal during a speech task between non-anxious controls and individuals with social anxiety pre and post treatment. Poster presented at the 35<sup>th</sup> annual meeting of the Anxiety and Depression Association of America, Miami, FL.

**Wadsworth, L. P.**, Hsu, K., & Björgvinsson, T. (2015, January). Self-compassion as a moderator of worry and repetitive negative thinking in a severe clinical population. Poster presented at the 6<sup>th</sup> annual meeting of McLean Hospital Research Day, Belmont, MA.

Bjornsson, A., Wessman, I., Alexandri, M., **Wadsworth, L.**, Jou, J., Beard, C., Thorgeirsdottir, M., Jarvi, S., Danitz, S., Williston, S. K., Lee, J., Þórisdóttir, A., & Björgvinsson, T. (2015, January). Social trauma among patients in a partial hospital program. Poster presented at the 6<sup>th</sup> annual meeting of McLean Hospital Research Day, Belmont, MA.

Alexandri, M., Bjornsson, A., Wessman, I., **Wadsworth, L.**, Jou, J., Beard, C., Thorgeirsdottir,

- M., Williston, S. K., Jarvi, S., Danitz, S., Lee, J., Sigurjónsdóttir, O., & Björgvinsson, T. (2015, January). Reactions to intrusive images among patients in a partial hospital program. Poster presented at the 6<sup>th</sup> annual meeting of McLean Hospital Research Day, Belmont, MA.
- Garrad, M., Calloway, A., **Wadsworth, L.P.** & Hayes-Skelton, S. A. (2014, November). Exploring age of onset and treatment outcomes in social anxiety disorder. Poster presented at the 28<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Wadsworth, L. P.**, Garrad, M. & Hayes-Skelton, S. A. (2014, March). Cognitive processes in individuals with and without social anxiety disorder in response to a speech performance task. Poster presented at the 34<sup>th</sup> annual meeting of the Anxiety and Depression Association of America, Chicago, IL.
- Wadsworth, L.P.**, Calloway, A., Paulus, D. & Hayes-Skelton, S. A. (2013, November). Physiological and subjective reactions to a behavioral avoidance tasks in men and women with social anxiety. Poster presented at the 27<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Paulus, D. J., **Wadsworth, L. P.**, Hayes-Skelton, S. A. & Shukla, M. (2013, November). Holding your attention: Measuring delayed disengagement from threat in social anxiety using reaction time and eye-tracking. Poster presented at the 47<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Feinstein, B. A., **Wadsworth, L. P.**, Davila, J., & Goldfried, M. R. (2013, November). Do parental acceptance and family support moderate the associations between minority stressors and depressive symptoms in lesbians and gay men? Poster presented at the 47<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Wadsworth, L.P.**, Calloway, A. & Hayes-Skelton, S. A. (2013, August). Differences in social anxiety between lesbian, gay, bisexual, “other” and heterosexual individuals. Poster presented at the 121<sup>st</sup> annual meeting of the American Psychological Association, Honolulu, HI.
- Paulus, D. J., **Wadsworth, L. P.** & Hayes-Skelton, S. A. (2013, April). Barriers to treatment: assessing mental health literacy in a lay population. Poster presented at the 33<sup>rd</sup> annual meeting of the Anxiety and Depression Association of America, La Jolla, CA.
- Donovan, N. J., **Wadsworth, L. P.**, Lorius, N., Locascio, J. J., Rentz, D. M., Johnson, K. A., Sperling, R. A. & Marshall, G. A. (2012, July). Regional cortical thinning predicts worsening apathy and hallucinations in mild cognitive impairment and mild Alzheimer’s disease dementia. Poster presented at the 15<sup>th</sup> Alzheimer’s Association International Conference on Alzheimer’s Disease, Vancouver, Canada.
- Wadsworth, L. P.**, Albers, M. W., Johnson, K. A. & Sperling, R. A. (2012, January). Amyloid associated olfactory impairment in normal elderly. Poster presented at the 6<sup>th</sup> Human Amyloid Imaging Conference, Miami, FL.
- Gidicsin, C. M., Maye, J. E., Pepin, L. C., Becker, J. A., **Wadsworth, L. P.**, Lorius N., Amariglio, R. E., Marshall, G. A., Rentz, D. M., Sperling, R. A. & Johnson, K. A. (2012, January). Brain amyloid and self-reported history of cognitive and physical activity. Poster presented at the 6<sup>th</sup> Human Amyloid Imaging Conference, Miami, FL.
- Amariglio, R. E., **Wadsworth, L. P.**, Lorius, N., Becker, J. A., Sperling, R. A., Johnson, K. A. &

Rentz, D. M. (2012, January). Subjective cognitive complaint is associated with increased amyloid burden in cognitively normal individuals. Poster presented at the 6<sup>th</sup> Human Amyloid Imaging Conference, Miami, FL.

**Wadsworth, L. P.**, Lorius, N., Donovan, N. J., Locascio, J. J., Rentz, D. M., Johnson, K.A., Sperling, R. A. & Marshall, G. A. (2011, July). Neuropsychiatric symptoms are associated with current and future global functional impairment in mild cognitive impairment. Poster presented at the 14<sup>th</sup> Alzheimer's Association International Conference on Alzheimer's Disease, Paris, France.

England, R. A., Becker, J. A., **Wadsworth, L. P.**, Olsen, L., Frishe, K., Frey, M., Maye, J. E., Johnson, K. A., Sperling, R. A. & Rentz, D. M. (2011, July). Comparison of multiple neuropsychological models to predict amyloid deposition. Poster presented at the 14<sup>th</sup> Alzheimer's Association International Conference on Alzheimer's Disease, Paris, France.

**Wadsworth, L. P.**, Lorius, N., Donovan, N. J., Locascio, J. J., Rentz, D. M., Johnson, K.A., Sperling, R. A. & Marshall, G. A. (2011, March). Neuropsychiatric symptoms are associated with mild cognitive impairment. Poster presented at the ADRC/Boston University ADC 24<sup>th</sup> Annual Poster Symposium, Boston, MA.

## TEACHING EXPERIENCE

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- 2018-2019     **Instructor**  
McLean Hospital/Harvard Medical School
- Co-Instructor of pre-doctoral internship Diversity Seminar aimed at increasing cultural humility and clinical competency working with diverse populations across marginalized and privileged identities
- 2015 & 2016   **Instructor**  
University of Massachusetts Boston
- Instructor of 200 level research methods course (PSY201: Introduction to Behavioral Research)
  - 35 students per semester (taught 2 semesters)
  - Taught along with supervision and teaching seminar (1 semester)
- 2012 & 2013   **Teaching Assistant**  
University of Massachusetts Boston
- Teaching assistant and discussion leader of 100 level psychology course (PSY 101: Introduction to Psychology)
  - Independently teach 2 weekly discussion sections
  - Lecture to full class (250 students)
  - Design learning activities and teaching presentations, grade all homework and final papers
- 2008 & 2009   **Teaching Assistant**  
Smith College, Northampton, MA
- Teaching assistant and lab instructor of 200 level photography course (ARS 282: Photography II)
  - Taught tutorials, labs, and tutored students in film photography

## INVITED TRAININGS, LECTURES, AND WORKSHOPS

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- Sep., 2021     **Invited Speaker**  
Wall Street Journal, Women in the Workplace Forum

- *How to Make the Workplace Sustainably Diverse*
- July, 2021 **Invited Speaker**  
From Fay One 2021 Virtual Conference
- *A Sense of Belonging: How to Make it Sustainable (DEI in workplace)*
  - <https://www.fromdayone.co/2021/08/04/a-sense-of-belonging-how-companies-can-make-it-sustainable/>
- Jun., 2020 **Webinar CE Instructor**  
Anxiety and Depression Association of America
- *Treating Anxiety and Depression in Gender Diverse Populations*
- Mar., 2020 **Lecturer**  
Psychology Intern Diversity Seminar, McLean Hospital
- *Increasing Cultural Humility and Competency in working with LGBTQ+ Individuals*
- Jan., 2019 **Lecturer**  
Franciscan Children's Hospital
- *Clinical Considerations in Treating Acute Sexual and Gender Minority Youth*
- Jan., 2019 **Lecturer**  
Grand Rounds, McLean Hospital
- *Beyond the Vocabulary: Diving Deeper into Sexual and Gender Minority Research and Clinical Implications*
- Oct., 2018 **Webinar CE Instructor**  
American Psychological Association Division 44 Webinar
- *Anxiety in Sexual and Gender Minority Populations: Research and Clinical Considerations*
- Sept., 2018 **Lecturer**  
OCD Institute, McLean Hospital
- *Identities in OCD*
- Sept., 2018 **Community Lecturer**  
OCD Massachusetts, International OCD Foundation
- *OCD Mechanisms and Treatment*
- Aug., 2018 **Workshop Leader**  
Masculinity and Femininity Workshop, Dimensions of Diversity, McLean Hospital
- Lecturer and organizer of workshop to train staff on constructs of masculinity and femininity and how they relate to workplace dynamics. Included self-reflection and group discussion components. s
- Jun., 2018 **Workshop Leader**  
Gender Diversity Workshop, Dimensions of Diversity, McLean Hospital
- Lecturer and organizer of workshop to train staff on best practices for non cis-gender diversity in the workplace
- Sept. 2017 **Guest Lecturer**  
MGH Depression Clinical and Research Program, Massachusetts General Hospital



- Invited talk and consultation on research and clinical considerations for working with members of the LGBTQ+ community
- Sept., 2015     ***Guest Lecturer***  
Behavioral Health Partial Program, McLean Hospital
- Invited talk on the spectrums of sexuality and gender identity along with clinical considerations in a partial hospital setting
- Apr., 2015     ***Guest Lecturer***  
Suffolk University, MA
- Guest lecture on cognitive behavioral treatments for anxiety disorders and cultural considerations in Psych 336A Developmental Psychology
- Mar., 2014     ***Clinical Training Consultant***  
Borden Cottage, Camden, ME of McLean Hospital
- Invited 3-day workshop training for staff designing and leading CBT group protocols
  - Taught cognitive-behavioral group therapy for comorbid mood and substance use disorders for a private pay residential setting
- May, 2013     ***Guest Lecturer***  
Geneseo Central High School, Geneseo, NY
- Guest lecture for high school Brain and Behavior class on Alzheimer's Disease and Social Anxiety Disorder
- 2010 & 2011     ***Clinical Case Manager Training***  
Psychological Services Center, University of Massachusetts Amherst
- Design, organization and instruction of two-day, intensive workshop to train undergraduate students and local hoarding task force members to become clinical case managers for CBT technique treatment of compulsive hoarding
  - Discussion of history, symptoms, motivational interviewing and treatment models as well as preparation for co-morbidity with anxiety, depression and Obsessive-Compulsive Disorder

## **COMMITTEE AND ADMINISTRATIVE RESPONSIBILITIES**

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- 2020-Present     ***Member***  
Member of the International OCD Foundation (IOCDF) Diversity Advisory Council. Special role of aiding events committee in making the culture of IOCDF more welcoming and inclusive for members with rising/marginalized identities.
- 2019-Present     ***Co-Chair***  
Co-chair for Anxiety and Depression Association of America's (ADAA) Multicultural Advances Special Interest Group (SIG). Organize and offer monthly programming to SIG members such as case consultation, webinars, and online articles. Organize meeting at annual conference and assess SIG member goals and requests for upcoming year. Prepare SIG evaluation and manage SIG growth and initiatives.
- University of Massachusetts Boston**  
2016-2017     ***Graduate Assistant***  
Administrative assistant for University of Massachusetts Boston: University Resources for Behavioral and Educational Skills Training. Co-lead supervision and administrative management of graduate students performing coaching and workshops on campus.

Establish, facilitate, and maintain relationships between program and other University departments, increase and implement outreach initiatives.

- 2016-2017 ***Diversity Committee Dissemination Committee***  
Member of small team developing materials, presentations, and platforms to disseminate the University of Massachusetts Boston's 15-year-old, successful Diversity Committee model. Collect history from students and faculty, design manuals, and disseminate information to other clinical psychology programs as well as other educational models.
- 2013-2017 ***Psychology Connections Committee, Undergraduate Mentor***  
Mentor undergraduate students interested in careers in psychology  
Cheyenne Fox Tree-McGrath  
Kayla Santangelo  
Ashley E. Sequeira  
Olivia L. Sternerup
- 2012-2017 ***Diversity Committee, Member & Event Coordinator***  
Coordinate community functions to invite students and faculty to have discussions about diversity. Lead community meeting exploring social class in clinical psychology 2016.
- 2012-2017 ***Clinical Graduate Students Association, Member***
- 2013-2017 ***Clinical Psychology Doctorate Program Interview and Orientation***  
Coordinate volunteers and research presentations, assist program administration, moderate Diversity Panel
- 2013-2014 ***Diversity Committee Co-Chair***  
Organize, plan, and coordinate monthly meetings of students and faculty. Facilitate conversations about difficult topics related to multiple areas of diversity, oppression, power and privilege
- 2012-2014 ***Clinical Executive Committee Student Representative***  
Facilitate communication between faculty and students regarding program issues and concerns

#### **University of Massachusetts Amherst**

- 2009-2010 ***Clinical Associate***  
Psychological Services Center, University of Massachusetts Amherst
- Billing, referrals, communications, advertisement and organization for clinical psychology program's training clinic director
  - Coordinate program application to become certified CEU administration program
  - Manage director schedule, attend meetings and manage website

#### **VOLUNTEER WORK**

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- 2019 ***LGBTQ+ focused Clinical Education & Consultation Working Group, Belmont, MA***  
Invited member of working group aimed at strengthening clinical education and consultation to enhance the care that we provide for McLean's LGBTQ+ patients and families. Charges: 1) conduct an institutional self-assessment using the Human Rights Campaign (HRC) LGBTQ Health Equality Index (HEI) scoring criteria; 2) identify, prioritize and implement policies and practices to create a more welcoming and inclusive environment for LGBTQ patients, their families, visitors and employees.

- 2013-2016 ***Gay Straight Alliance and Community Support for LGBT Teens***, Geneseo, NY  
 Co-Founder of a GSA in Geneseo Central School, in remote upstate New York, with no previous resources or support for the population. Provide remote support to the student coordinators for their regular meetings for middle and high-school students. Coordinate guest speakers and community events for parents, local individuals, and students in surrounding communities.
- 2010-2013 ***Human Rights Campaign***, Boston, MA  
 Assist at fund-raising events by photo documentation, advertisement, and event organization

**AD HOC REVIEWER**

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*Cognitive Behavioral Practice*  
*Cognitive Behaviour Therapist*  
*Cognitive Therapy and Research*  
*Current Psychology*  
*Journal of Anxiety Disorders*

**SCIENTIFIC MEETINGS ATTENDED**

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**Association for Behavioral and Cognitive Therapies**

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| 50 <sup>th</sup> Annual Convention, New York, New York         | October 27-30, 2016  |
| 49 <sup>th</sup> Annual Convention, Chicago, Illinois          | November 12-15, 2015 |
| 48 <sup>th</sup> Annual Convention, Philadelphia, Pennsylvania | November 20-23, 2014 |
| 47 <sup>th</sup> Annual Convention, Nashville, Tennessee       | November 21-24, 2013 |
| 46 <sup>th</sup> Annual Conference, National Harbor, Maryland  | November 15-18, 2012 |

**Anxiety Disorders Association of America**

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| 38 <sup>th</sup> Annual Conference, Chicago, Illinois                | March 28-31, 2019      |
| 38 <sup>th</sup> Annual Conference, Washington, District of Columbia | April 5-8, 2018        |
| 37 <sup>th</sup> Annual Conference, San Francisco, California        | April 6-10, 2017       |
| 36 <sup>th</sup> Annual Conference, Philadelphia, Pennsylvania       | March 31-April 3, 2016 |
| 35 <sup>th</sup> Annual Conference, Miami, Florida                   | April 9-12, 2015       |
| 34 <sup>th</sup> Annual Conference, Chicago, Illinois                | March 27-30, 2014      |
| 33 <sup>rd</sup> Annual Conference, La Jolla, California             | April 4-7, 2013        |

**International OCD Foundation Conference**

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| 25 <sup>th</sup> Annual Conference, Washington, District of Columbia | July 26-29, 2018 |
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**Diversity Challenge, Boston College**

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| 13 <sup>th</sup> Annual Conference, Boston, Massachusetts | October 18-19, 2013 |
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**American Psychology Association**

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| 121 <sup>st</sup> Annual Conference, Honolulu, Hawaii | July 31- August 4, 2013 |
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**Hoarding: Motivation for Change**

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| 1 <sup>st</sup> Annual Conference, Greenfield, Massachusetts | January 9, 2013 |
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**Alzheimer's Disease Research Center/Boston University ADC Poster Symposium**

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| 24 <sup>th</sup> Annual Symposium, Boston, Massachusetts | February 8, 2012 |
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**Human Amyloid Imaging Conference**  
6<sup>th</sup> Annual Conference, Miami, Florida

January 11-13, 2012

**Alzheimer's Association International Conference on Alzheimer's Disease**  
14<sup>th</sup> Annual Conference, Paris, France

July 17-21, 2011

**PROFESSIONAL MEMBERSHIPS**

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- 2018 National Register of Health Service Psychologists
- 2018 Member, International OCD Foundation
- 2012 Member, American Psychological Association
- 2012 Member, Anxiety and Depression Association of America
  - Multicultural Special Interest Group Member
- 2012 Member, Association for Behavioral and Cognitive Therapies
  - LGBT Special Interest Group Member
- 2008 Member, Psi Chi, National Honor Society